



Extension Snapshot

4-H Camp Clover:

Elmwood and Rosefield Townships

This summer, 24 youth participated in two exciting camps in Elmwood exploring African plants, art from different cultures, physical fitness and healthy eating. Two sessions of Camp Clover were held on June 27th-30th and July 11th-18th, sponsored by University of Illinois Extension, in partnership with Elmwood and Rosefield Townships and the Elmwood Presbyterian Church. In addition, two 4-H members, Brooke and Trenton Parrish, assisted with Camp Clover at the Elmwood site.

Youth participated in hands-on activities learning about the chemistry of starch in their food and how scientists do experiments. Creativity exploded as the young people worked on various art projects including paper batiking, cassava gel art, decorative masks, bead making and handprint art. They also enjoyed making several healthy snacks including dessert nachos, trail mix and fruit dip. So much learning and fun was packed into three hours each day of camp!



Jo Bieneman, Camp Clover Coordinator, expressed how excited youth were about the hands-on activities and learning about 4-H. One participant said, "I enjoy gardening, so learning about plants was cool!" When asked what they will do with the information and skills they learned, youth comments included: "When I grow up, I want to be a scientist" and "I'll get more active and eat more healthy foods."

4-H is the largest out-of-school education youth program in the United States. 4-H seeks to assist youth in acquiring knowledge, forming attitudes, and developing life skills that enable them to become caring, competent and contributing members of society. In Illinois, over 268,000 youth participate in University of Illinois Extension 4-H clubs and programs. More than 23,600 adult volunteers assist in programming for the youth. For more information about 4-H in Illinois, visit <http://web.extension.illinois.edu/state4h/>.



For more information about the 4-H Youth Development program in the Fulton-Mason-Peoria-Tazewell unit, please contact Judy Schmidt, Extension Educator, 4-H Youth Development, at schmid7@illinois.edu or 309-347-6614.



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