Don’t Flush Your Meds!

Water treatment plants do not remove pharmaceuticals. Instead, flushed medicine pollutes waterways and drinking water.

How can you help?

- Don’t flush your medicine!
- Ask your sheriff department for info about unwanted meds collection
- Or mix meds with undesirable substances, such as cat litter or dirt, and throw in the trash

Anti-inflammatory medicine harm fishes’ tissues
Estrogen affects fishes’ reproductive organs
Anti-anxiety medicine can affect the growth of aquatic species
Heart drugs can slow down the hearts of aquatic species

46 million Americans are exposed to trace amounts of pharmaceuticals in drinking water.

www.unwantedmeds.org