



# SPIN CLUB



## SPIN VOLUNTEER QUICK GUIDE TO BELONGING

Young people want to belong and feel like they are members of a group. As a SPIN volunteer, you can help your SPIN club members feel accepted, connected, and included. Because SPIN clubs only meet for a short time, you must be intentional about creating a place of belonging.

Best Practices for Belonging	Ways Volunteers Can Promote Belonging
<ul style="list-style-type: none"> <li>• Young people need a positive relationship with a caring adult.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide guidance and coaching as members work on their projects.</li> <li>• Give positive encouragement and feedback.</li> <li>• Include young people in decision-making about club activities.</li> <li>• Encourage members to experiment and try their own ideas.</li> </ul>
<ul style="list-style-type: none"> <li>• Young people need a welcoming and inclusive environment that allows them to feel connected to others and appreciated for who they are.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide opportunities for the members to get to know each other through               <ul style="list-style-type: none"> <li>○ Ice-breaker activities,</li> <li>○ Team-building challenges,</li> <li>○ Cooperative games,</li> <li>○ Working in pairs or small groups.</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>• Young people should feel safe at all times – physically and emotionally.</li> </ul>	<ul style="list-style-type: none"> <li>• Safety is your #1 priority as a SPIN volunteer.</li> <li>• Plan ahead and consider the possible risks involved in activities or the environment and eliminate or manage the risks.</li> <li>• Before beginning an activity, clearly explain behavior expectations that keep everyone safe.</li> <li>• Teach club members safety practices for the project they are working on.</li> <li>• Stop any put-downs or ridicule.</li> <li>• Don't tolerate bullying or cliques.</li> </ul>