



# BICYCLE



UNIVERSITY OF ILLINOIS  
EXTENSION

## A checklist for evaluating 4-H Bicycle exhibits

Name \_\_\_\_\_ County \_\_\_\_\_ Rating \_\_\_\_\_

Circle exhibit class entered:    Level 1            Level 2

Directions: Check the appropriate column. Comments are helpful to the presenter.

Criteria	Very Good	Improvement Needed	
		Some	Much
<b>Knowledge of Subject Matter</b>			
A. General knowledge of subject matter B. Situation Descriptions (Circle those 3 drawn by member) <ul style="list-style-type: none"> <li>• Level 1:               <ul style="list-style-type: none"> <li>▶ Selecting bicycle safety equipment</li> <li>▶ How to fit a helmet</li> <li>▶ Identifying bike parts &amp; functions</li> <li>▶ Selecting right size of bicycle</li> <li>▶ Checking bicycle tires, brakes &amp; chains</li> <li>▶ Recognizing traffic signs and purpose</li> <li>▶ Bicycling hazards</li> <li>▶ Planning a bike trip</li> </ul> </li> <li>• Level 2:               <ul style="list-style-type: none"> <li>▶ Choosing a bike</li> <li>▶ Comparing tire pressure, valve type &amp; thread</li> <li>▶ Fixing a flat tire</li> <li>▶ Cleaning, lubricating and replacing bike chain</li> <li>▶ Evaluating braking system</li> <li>▶ Mapping out a bike route</li> <li>▶ Rules for smart bike riding</li> <li>▶ Planning a menu for all day bike ride</li> </ul> </li> </ul> C. Ability to Explain Decisions D. Self-Evaluation			
<b>Ideas &amp; Plans for continuing in project area:</b>			
<b>Overall Comments:</b>			

Use back of page for additional comments if necessary

4/2010