Child Care University

Quality Trainings for Child Care Providers

Child Care University Early Childhood Conference supports child care practitioners in providing quality child care. Join us for a day of learning and sharing of ideas to enrich the quality of care you provide to the children and families in your programs.

March 2, 2019
8:30am-3:30pm

Registration 7:30-8:30am
Dillon Mall Entrance (East End)
Sauk Valley Community College
173 IL Rt. 2, Dixon, IL 61021

Register online at:
go.illinois.edu/ChildCareU
or call 815-632-3611 for more information
Cost: $35 per person

4-C Individual Professional Development Funds are available for this conference and can be found at http://www.four-c.org/grants_and_scholarships.html
1. Building Assets in Children and Families: Tips and Tools to implement the 40 Developmental Assets
   Kris Noble, Executive Director, Sauk Valley Area Chamber of Commerce

   What do young children need to succeed? Successful futures for our children are directly tied to their healthy development as human beings. One way to approach the big topic of positive youth development is through the framework of 40 Developmental Assets. In this session you will learn about the 40 Developmental Assets, the research that validates how these assets help in developing children, and ideas on how to implement the assets in your area of focus.

2. Portion Distortion in Childcare Centers
   Lora Fassler, Health Education Coordinator

   Are your portion sizes distorted? What about portions for children in your program? This session will feature timely information on portion sizes for adults and children. Come prepared to discuss the differences between how often and what we actually eat vs. what is actually needed for our bodies. Discover the importance of routine glucose and cholesterol screenings as well.

3. AgMazing Farming Adventures for Kids
   Diane Baker, Agriculture Literacy Coordinator, Whiteside
   Katie Pratt, Agriculture Literacy Coordinator, Lee County

   Does chocolate milk come from a brown cow? Are seeds really supposed to be in a watermelon? Is there ham in a hamburger? Honest questions come from innocent minds. Kids are very curious about where their food comes from and how it is grown. Ag in the Classroom has excellent resources and lessons which engage young learners in understanding lots of different topics in agriculture – farming, food production, careers, and much more. Materials are available for pre-K through high school which incorporate books, crafts, science experiments and active learning. Learn some of our favorite lessons and how Ag in the Classroom can easily be incorporated into your program. Come for the door prizes, stay for the fun!

4. What You Need to Know: Shaken Baby Syndrome and Traumatic Brain Injury
   Stephanie Budziak, Infant Toddler Specialist, 4C: Community Coordinated Child Care

   This training discusses the signs, symptoms, causes, triggers, prevention, and long-term effects of Shaken Baby Syndrome and Traumatic Brain Injury. The successful completion of this course meets DCFS pre-service licensing requirements for home care providers. Licensed providers will also receive training hours for license renewal.

5. The Role of Early Child Care and Education on Nutrition and Health
   Marilyn Csernus, Nutrition and Wellness Educator, University of Illinois Extension

   A majority of young children spend time in some form of non-parental child care. As a result, parents and child care providers share the responsibility of feeding the children and nurturing a positive eating environment. This session will explore the benchmarks for nutrition in child care. Topics will include nutrition needs, eating behaviors, and environments that support optimal growth and development in the early years.

6. Supporting Emotional Intelligence Through Children’s Literature
   Emily Reilly, Early Childhood Resource Specialist, STARnet

   This interactive session will focus on supporting the emotional intelligence of preschoolers through the use of children’s literature. Participants will become familiar with and practice the RULER Read Aloud strategy – Recognize, Understand, Label, Express, and Regulate.

7. What You Need to Know: Sudden Infant Death Syndrome (SIDS/SUID/AAP Safe Sleep)
   Stephanie Budziak, Infant Toddler Specialist, 4C: Community Coordinated Child Care

   This training course discusses Sudden Infant Death Syndrome (SIDS/SUID/AAP Safe Sleep), including behaviors that increase the risk of SIDS, safe sleep habits, licensing standards, and resources for further information. The successful completion of this course meets DCFS pre-service licensing requirements for home care providers. Licensed providers will also receive training hours for license renewal.

8. ABC’s of Autism Spectrum Disorder
   Janet O’Donnell, Family Resource Coordinator, Florissa

   We all know our ABC’s, but do you know the ABC’s of Autism? This presentation will cover Autism Spectrum Disorder, including common challenges, tools, and strategies for children with Autism Spectrum Disorder.

Lunch and Networking
11:45-12:45 pm
The Power of Playful Learning

What do the classic theorists such as Piaget, Vygotsky, Erikson, Maslow, and others tell us about the young child’s developing sense of humor, creativity, playfulness, artistic expression, and sense of self? If alive today, would these theorists promote and support a play-based curriculum? This session provides an overview and quick refresher.

Joyce Hemphill has a doctorate in developmental psychology from The Ohio State University and over 25 years of experience teaching infant-child development, cognition, and learning. She participates in community play events and gives workshops on ways to play using common recyclable materials. Her book, The Power of Playful Learning (2014, Maupin House Publishing) and her monthly “Playing from Scratch” column for the US Play Coalition newsletter highlight these activities. Joyce has close to 30 years of experience giving workshops and presentations at state, national, and international conferences and professional development seminars. She is retired from the University of Wisconsin-Madison School of Education.
Registration

Name__________________________
Address_________________________
City____________________________
State________Zip________________
Email___________________________
Phone__________________________

Please check one of the following:

___Family Child Care
___Center Staff

Program Fee: $35 per person for Child Care University to cover meals, handouts, etc...

Sign up for your 1st and 2nd choices in each time slot.

Morning Session 8:30-10:00 A.M.
List 1st and 2nd choices

___1) Building Assets
___2) Portion Distortion
___3) AgMazing Farming
___4) Shaken Baby Syndrome and Traumatic Brain Injury

Morning Session 10:15-11:45 A.M.
List 1st and 2nd choices

___5) The Role of Early Child Care
___6) Supporting Emotional Intelligence
___7) Sudden Infant Death Syndrome
___8) ABC’S of Autism Spectrum

Afternoon Session 2:15-3:30 P.M.
List 1st and 2nd choices

___9)Play! On a teacher’s budget
___10)Targeting Behavioral Difficulties in Young Children
___11)How the Best Environments Support Best Practices
___12)Digital Marketing Techniques

For fastest service, register online!
go.illinois.edu/ChildCareU

Registrations must be received by Friday, February 22, 2019. No refunds after the registration deadline.

Fill out this form and send it along with your check payable to:
University of Illinois Extension
12923 Lawrence Rd
Sterling, IL 61081
For more information call 815-632-3611